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BCT SERIES 
2022
by Piotr Biankowski

STATUTE

POLISH ICE CHAMPIONSHIP

SWIMMING GDYNIA WINTER

SWIMMING CUP 2022 BCT SERIES

General information

Competitions of the rank of the International Polish Winter Swimming Championships, ICE CUP POLAND Polish Cup

2. Gdynia Winter Swimming Cup 2022 is the third edition of the winter competition swimming.

3. The competition is the last classification test before the World Cup 2022.

4. The aim of the competition is to popularise winter swimming, and to promote the region

Pomeranian Voivodeship, promotion of the city of Gdynia, promotion of partners and sponsors,

supporting the pupils of the Ronald McDonald Foundation.

5. The organizer of the competition is WS Piotr Biankowski, Żwirki i Wigury 44/2, 84-230

Rumia, e-mail: piotr@gwsc.pl, www.gwsc.pl.

6. The Marshal took the patronage over the GDYNIA WINTER SWIMMING CUP event Pomorskie Voivodeship Mieczysław Struk, Mayor of Gdynia Wojciech Szczurek, Gdynia Sports Center.

7. The competition is included in the Polish Cup and the competitors will score points in accordance with regulations on the website icp.org.pl.

I. Date and place of the competition

1. Gdynia Winter Swimming Cup 2022 will be held on January 8-9, 2022.

2. The competition will start at the Yacht Port - Marina Gdynia, Aleja John Paul II.

3. The detailed schedule of the competition will be announced in a separate message. The schedule may change from time to time.



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II. Distances

1. The organisers have planned the competition at the following distances individual and relay race:

- 25m for children - 'Porpoise Tots ' (5-14 years old) - start with parental protection.
- Anyone Can Become a Harbour Porpoise' 25 m Freestyle without timing.
- Swim for fun - swimming happily in costumes.
- 25m Freestyle GWSC
(DISTANCES FOR THE POLISH CHAMPIONSHIP WITH CUP SCORESPOLISH)
- 50m breaststroke, 50m butterfly style, 50m freestyle, 100m breaststroke, 100m freestyle, 250m freestyle, 500m freestyle adults.
- 1 km Baltic Cold Beast free for adults (min. 18 years old).
- RANGE TO THE POLISH CHAMPIONSHIP - FOR THE PRESIDENT'S CUP CITY OF GDYNIA
- Relays 4 x 50 m mixed (minimum 1 woman)

III. Applications and starting fees

1. Registration of Participants takes place via the form available on the website www.gwsc.pl .

2. The deadline for completing the registration is December 31, 2021.

3. The organisers reserve the right to close the lists earlier starting due to the exhaustion of the limits of places at individual distances, as well as increasing the limits in case of high interest and opportunities - both logistic and organisational.

4. The limits of places at individual distances are as follows:

start of children - "Porpoises" - no limit

amateur start - everyone can become a Harbor porpoise - no limit

1 km free for adults - 20 people

Any 25 - 60 people

50 dolphin - 30 people

50 m any - 60 people



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50 m classic - 60 people

100 m classic - 60 people

100 m any - 60 people

250 m with any - 30 people

500 m with any one for adults - 20 people

Relay 4x50 m free - 18 relay



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5. The amount of the starting fee will be depending on the paid date registration as follows:

STYL	From 15.11.2021	from 16.11.2021 to 31.12.2021	W on the day of the competition ¹	Day
Porpoises 25m (5-14 lat)	20 PLN	30 PLN	40 PLN	Saturday
Swim for fun	20 PLN	30 PLN	40 PLN	Sunday
Harbor porpoises 25 m	30 PLN	40 PLN	50 PLN	Saturday
freestyle GWSC 25 m ²	50 PLN	80 PLN	110 PLN	Saturday
butterfly 50 m	60 PLN	90 PLN	120 PLN	Sunday
freestyle 50 m	60 PLN	90 PLN	120 PLN	Saturday
breakstroke 50 m	60 PLN	90 PLN	120 PLN	Sunday
freestyle 100 m	70 PLN	100 PLN	160 PLN	Saturday
breakstroke 100 m im. Jacka Starościaka	70 PLN	100 PLN	160 PLN	Saturday
freestyle 250 m	100 PLN	160 PLN	240 PLN	Sunday
freestyle 500 m	140 PLN	200 PLN	280 PLN	Sunday
freestyle 1km BALTIC COLD BEAST	200 PLN	280 PLN	400 PLN	Saturday
Relay 4x50m	160 PLN	240 PLN	320 PLN	Sunday

¹ Possibility to cheat the start only in the case of vacancies in the series.

² The distance is not included in the scores and qualifications of the Polish Winter Swimming Championships and Cup

Any change to the registration data which is not due to an obvious mistake – 50 PLN

DISCOUNTS³

When registering for a larger number of starts 3 - we provide a discount up to PLN 60. The discount is calculated automatically and applies to one registration.

- 1- START – no discount
- 2- START – 10 PLN discount from the sum of starts
- 3- STARTS – 20 PLN discount from the sum of starts
- 4- STARTS – 40 PLN discount from the sum of starts
- 5- STARTS – 60 PLN discount from the sum of starts
- 6- STARTS – 60 PLN discount from the sum of starts
- 7- STARTS – 60 PLN discount from the sum of starts
- 8- STARTS – 60 PLN discount from the sum of starts

Example: 4 starts at distances of 100 m any, 50 classic, 500 any, 50 butterfly. 70 + 60 + 140 + 60 - 40 = 290 PLN

³ excluded - porpoises / porpoises / 1km Baltic Cold Beast / Swim for fun/relay



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6. The condition for the approval of the competitor's registration is the payment of the entry fee in within 5 days from the date of registration.

7. Once paid, the fee is not refundable. We allow the possibility of a refund due to health reasons only with the notification of resignation by 20/12/2021.

8. The exception to the rule in point 7 is the recall of the competition due to an epidemic. In this the event, the Organizer will reimburse all participants the payment amount less commission charged by portals providing online payment services (PayPal: 2.9% +fixed fee for PLN 0.8 payment, EUR 0.33 for payment, STRIPE: fee permanent PLN 1 + 1.4% European cards, 2.9% cards from outside Europe). In case of payment the entire amount of the payment will be refunded by bank transfer (the Organizer does not reimburse only additional fees and commissions charged by the bank).

9. The entry fee must be paid in and credited to a bank account no later than 5 days from notification, by 23:59. The date of payment is considered to be the date of crediting the Organizer's bank account.

10. The entry fee is not transferable to another year of the Event.

11. As part of the starting fee, each Participant of the Event receives:

- accident insurance for the amount of PLN 10,000 (the organizer recommends having additionally personal insurance)
- medical and water protection
- manual time measurement
- regenerative meal

12. The Organizer prohibits the Participants of the sale of received starting packages and the exchange of starting numbers between Participants under the pain of disqualification.

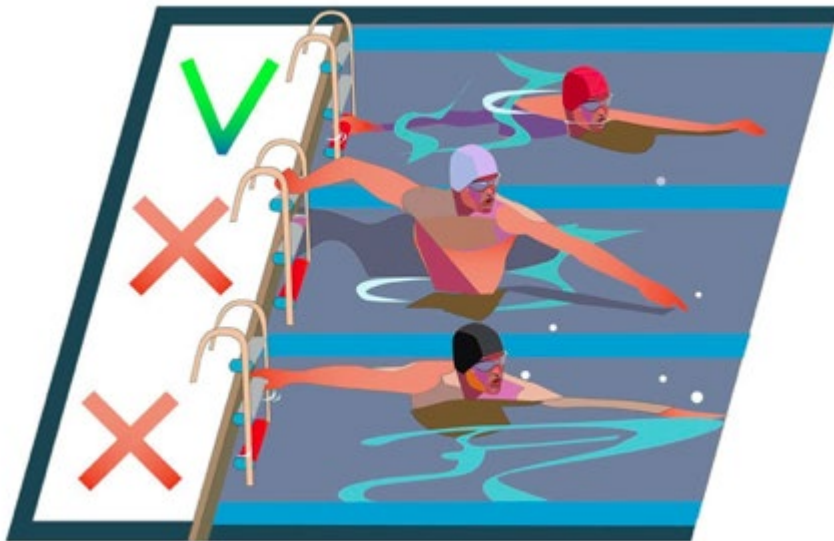


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IV. Rules for participation

1. The person who takes part in 500m distance swim will document that they have swam such a distance in the water before, at a temperature below 5 degrees. Age min. 18 years. Support required. Swimming waist security band - provided by organisation.
2. The competition at the distance of 1000 meters may be entered by the person who will document that they previously competed in the 1 km competition in water of temperature below 5 degrees. Age 18 years. Support required. Swimming waist security band - provided by organisation.
4. At distances of 500 and 1 km, the rescue team may make an independent decision about stopping the swimming when they find abnormal behaviour by the swimmer or they won't conform with designated swimming time.
3. Porpoise Tots are assisted by the parent (the parent enters the water before the child and accompanies them in the water until the child comes out of the water) and confirms in writing parental consent. The parent is required to document that the child has swam earlier in similar weather conditions.
4. The documentation referred to in point 1-3 should be sent to the e-mail address kontakt@gwsc.pl by 31 December 2021. In title enter the e-mail with the word VERIFICATION + distance. The organiser reserves the right to verify documentation and expect additional information enabling verification of eligibility to take off at a certain distance.
5. A competitor who is under 18 at the time of the Competition must submit a written consent of parents or legal guardians to take part in the Competition and accept the requirements of the Regulations. Minimum age of the competitor in Polish Championship is 16 years old - cannot participate in starts at 500m and 1km.
6. The competitors are verified by the Organiser or persons indicated by them. His decision is final.
7. Wetsuits and neoprene caps are not allowed.
8. It is forbidden to use any substances applied externally or internally, which maintain or increase body temperature
9. It is forbidden to make trekking turns.
10. Water start, with one hand holding the ladder, the other arm in the water



11. In breaststroke swimming with the head up is obligatory



12. The average water temperature in January in the Bay of Gdańsk is approx. 2 ° C.

13. Track length 25m, wall-to-wall reflection.

14. Qualification is compulsory for distances of 500 m and 1000 m.

15. Participants of the Event and all other people who are on the premises are required to behave in a manner that does not endanger safety of other people present at the Event, and in particular comply with the provisions of the Regulations. It is forbidden



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to destroy signs, information boards and advertising carriers, devices and equipment located at the Event Venue, etc.

16. Competitors are required to comply with the signs and warnings and orders of the Organiser's services and judges. Match judges have the right of exclusion of a Participant who does not comply with the above-mentioned rules.

17. It is forbidden to bring flammable materials to the event area, pyrotechnics and alcoholic beverages.

V. Time limits

1. 100 m - 5 min.

2. 250 m - 10 min.

3. 500 m - 15 min.

4. 1 km - 25 min.

5. 25 m, 50 m - 4 min.

6. Relays 4 x 50 m - 10 min.

VI. Age categories

From – to	Age categories
from 1.01.2006 to 31.12.1998	16 - 24
from 01.01.1997 to 31.12.1993	25 – 29
from 01.01.1992 to 31.12.1988	30 - 34
from 01.01.1987 to 31.12.1983	35 - 39
from 01.11.1982 to 31.10.1978	40 - 44
from 01.11.1977 to 31.10.1973	45 - 49
from 01.11.1972 to 31.10.1968	50 - 54
from 01.11.1967 to 31.10.1963	55 - 59
from 01.11.1962 to 31.10.1958	60 - 64

from 01.11.1957 to 31.10.1953	65 - 69
from 01.11.1952 to 31.10.1948	70 - 74
from 01.11.1947	75 – and older

VII. Swimming outfit allowed

1. The competitor may use a maximum of one silicone cap.
2. Swimming goggles.
3. Swimsuit (cannot be made of neoprene):
 - a) men swimming trunks with short legs, "briefs" type or swimming pool swimwear,
 - b) women two-piece or one-piece without legs and sleeves, or a pool piece competition outfit.



VIII. Other organisational information

1. The participant agrees to the competition being registered in a photographic form and audio-video and their subsequent publication.
2. The administrator of personal data of registered Participants is Organiser. The participant has the right to inspect them and correct them.
3. Each competitor taking part in the competition should pass the medical test beforehand. The tests are compulsory at distances of 500 m and 1 km. Medical exams confirming good health (blood pressure, ECG),



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IX. AWARDS

1km

1. Medals for the 1st, 2nd and 3rd place in the OPEN classification, separately in the women category and men. The title of Polish champion (m/f).
2. Medal for each competitor who completes 1 km. Baltic Cold Beast.

Mistrzostwa Polski w Pływaniu Zimowym

1. Medals for the 1st, 2nd and 3rd place in the OPEN classification, separately in the women category and men.
2. Relays compete for the Cup of the Mayor of Gdynia - OPEN AWARD.
4. Porpoise Tots receive a Harbour Porpoise Certificate and a medal.
5. Diplomas for winners: 1st, 2nd, 3rd place in age categories without decorations sent electronically.
6. In-kind prizes from sponsors and partners in chosen by them categories and classifications.
7. The award ceremony will be held according to the schedule.
8. In the category you can become a porpoise and swim for fun, they are not selected winners - we swim for fun.

X. Protests and disqualifications

1. The competitor may lodge a protest within the deadline of 30 minutes from the end of the competition at the distance covered by the protest.
2. All protests must be made in writing and must be delivered to the Organiser of the competition or a person indicated by him in the Tournament Office
3. The protest must contain - the name and surname of the applicant, a description of the disputed situation and handwritten signature of the applicant.
4. The condition for considering the protest will be the payment of a deposit in the amount of 200 PLN.
5. If the protest is approved, the tender bond will be returned to the applicant.
6. The Organiser's decision regarding the protest is final.



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XI. Final remarks

1. The competition will take place regardless of weather conditions (excluding situations that are extreme or unheard of in a climate characteristic of competition venues).
2. The organiser reserves the right to cancel or stop the competition as well make changes in the schedule and swimming distances when it deems that there are changes weather may endanger the safety of the Participants or the representatives of The organiser. The decision in this regard is final.
3. The route of the competition will be secured by appropriate rescue services both on land and in water.
4. The organiser, to the fullest extent permitted by applicable regulations the law, is released from any liability for any damage caused by Participants as a result of participation in the competition and is exempt from obligation to compensate for such damage.
5. The competitor takes part in the competition at their own risk. Organiser, in to the fullest extent permitted by applicable law, is exempt from all responsibility for any damages, injuries or health issues that may be entailed by participation in the competition and is exempt from obligation to compensate for such damage.
6. During the competition, the competitor must provide valid photo ID at the request of the Organiser
7. The organiser is not responsible for the cancellation of the competition for reasons that are unpredictable. Detailed rules have been specified in the section "Special provisions - epidemic".
8. In matters not covered by these Regulations, decisions shall be made by The organiser.
9. Additional information about the competition and their organisation can be found:
 - on the website www.gwsc.pl
 - on Facebook <https://www.facebook.com/gwscgdynia/>

XII. Special provisions - epidemic.

1. Competitors are required to comply with the regulations and recommendations that re valid on the day of the start, guidelines and orders issued by the Ministry of Health or other state authorities regarding social distancing, application of personal protective equipment or participation in assemblies.
2. The competition will take place without the participation of the public.
3. Contestants should respect social distancing before, during and after the competition.



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4. Competitors are required to collect the package, meal and as soon as possible leave the competition area after the competition is over
 5. The decoration will be limited to decorated persons only and without participation of the audience.
 6. The competition staff will be provided with the necessary means for disinfection. The organizer reserves the right to modify the Regulations.
- In the event of any changes to its provisions, information on this will be provided And published on the website www.gwsc.pl. Official language of the communication is Polish. Final interpretation of the provisions of this Regulations is up to to the Organiser.

Gdynia, 25.10.2021 r